



National Center on Advancing Person-Centered Practices and Systems

Co-Producing Recovery and Resiliency in Indiana Using Recovery Data

Summary of a webinar from November 30, 2021

Introduction

The National Association of State Mental Health Program Directors (NASMHPD) co-hosted this webinar. Speakers on this webinar were from Indiana. They talked about how they use information from advisory groups, surveys, and assessments to improve recovery supports.

Indiana's Approach

Jay says, the Indiana Division of Mental Health & Addiction uses these 4 things in their approach.

1. Serenity approach (this term comes from the recovery community)
2. People use drugs for reasons
3. Recovery is easier when life is
4. There's a peer for that

Indiana had a few separate advisory groups. They set up a way for these groups to work together.

How Indiana Uses Data

They use surveys to find out about recovery and wellness needs. They send surveys to people with mental health and substance use disorder and their families.

They found out what the most common barriers were. There were differences for communities of color.

They use assessments to find out what's working or not working from year to year. The results are shared with the advisory groups to talk about next steps.

An online dashboard was created with different sources of information. It shows the needs and resources across the state.

Becca says, "True and actual collaboration between individuals who have lived experience and the state and community agencies is a must."

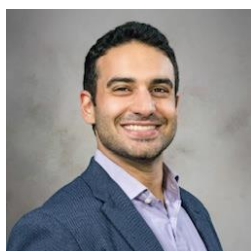


National Center on Advancing Person-Centered Practices and Systems

The speakers on this webinar were:



Amy Brinkley is the Director of Recovery Support Services for the Indiana Division of Mental Health and Addiction (DMHA) and Chairperson for the national Division of Recovery Support Services (DRSS). Amy's work focuses on quality peer recovery and recovery support services. She's excited to be part of Indiana's team advancing recovery support services and setting the bar nationally for the collection of recovery data.



Ari Nassiri is the Director of Behavioral Health Integration for the Indiana DMHA. His responsibilities at DMHA focus on progressing the level of integration across the continuum of care for behavioral health and substance use disorder providers in Indiana, as well as increasing the integration of data sources among such providers and at the state level. Ari is very excited to work with the Recovery Support Workgroup and assist with their strategy to expand and utilize recovery data.



Wendy Harrold, M.S. is the Executive Director of Data Strategy for the Indiana DMHA. Mrs. Harrold oversees Certification and Licensure, Quality Improvement, Data and Performance Measurement. Mrs. Harrold has been working with the Division in several positions for twelve years. Before working with the Division, Mrs. Harrold managed data collection, publications, and the database for a 2-1-1 call center. She holds degrees in Applied Computer Science and Health Informatics.



Sarah Gunther is a person in recovery with mental health challenges and substance use disorder. She uses her lived experience in her role as Executive Director of KEY Consumer Organization, a consumer-run organization in Indiana that provides empowerment and support through its peer services and mental health warmline. Sarah advocates for mental wellness through her participation on several councils and committees



Tina Skeel is the Director of Indiana Works at Aspire Indiana Health, Inc. She has devoted the last 30+ years of her life to removing barriers to employment for persons with disabilities. She has provided employment and benefits counseling, educating thousands of individuals and their families that you can work while receiving benefits. She has written and co-authored numerous publications to provide education on the many work incentives that are available.



National Center on Advancing Person-Centered Practices and Systems



Jay Chaudhary, JD is the Director of the Indiana Division of Mental Health and Addiction. Previously, he was the Managing Attorney and Director of Medical Legal Partnerships for the Indiana University Maurer School of Law.



Rebecca Sigafus is the Chief Executive Officer of Essential Virtual Solutions, LLC and has more than 35 years of experience in direct service, management, and operations in both private and non-for-profit business sectors surrounding mental health and managed care. She is skilled in project management, grant writing, development of policies and procedures to comply with state and national standards, as well as designing and implementing quality improvement programs, data metrics, quality program documentation, data reporting/dashboards and analysis.